

SCRIPTURE · READING SCRIPTURE THE ANGLICAN WAY

Scripture in the Daily Office

Catechesis Track, Lesson 6 · About 30 min

The final lesson in this track brings us to the Daily Office, where the whole Psalter and most of the Bible are read in course over the year.

A patient diet, not a spiritual snack

The Office does not curate Scripture to our taste. It sets a table and asks us to eat what is served, psalm by psalm, chapter by chapter, until the whole counsel of God has passed through us.

READ THE SCRIPTURES

Psalm 1 | Psalm 119:105

FROM THE PRAYER BOOK

A Collect for the Renewal of Life

“O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace.”

FOR A PARISH SMALL GROUP: DISCUSSION QUESTIONS

1. What would change in your week if you prayed the Office daily for a month?
2. What is hardest about sticking with a fixed pattern of prayer?